

*Attilio asks the right questions. Troubling questions. And what particularly struck me in his pages is the personal, humble involvement of this man, who takes his readers by the hand in order to show them the road that all of us will one day take. A road made of separation, sometimes painful but rewarding, a road that opens towards the best part of ourselves.*

*In spite of their situation, the dying offer us an example of what matters in life. They free themselves from the constraints that have burdened their lives. They become lighter. They help us to live in the present and look towards the future 'with optimism and gratitude', without regretting what has been taken by illness or old age. They show us how important it is to accept our vulnerability and to be able to receive from others.*

*Reading this book leads to the conviction that we should not miss this experience of assisting a loved one who is close to death. We should not be afraid. We should let our hearts speak; let our*

*intuition guide our actions. We will discover unexpected resources in ourselves: a tenderness, a touch, a readiness to assist that, perhaps, we did not even believe ourselves capable of. In brief, we will emerge from this experience more generous and more human, because on the brink of death it is love that has the last word.*

**Marie de Hennezel**

Author of the book

Seize the Day, How the Dying Teach us to Live

Translated by Patricia Brigid Garvin